

Did You Know?

Traditional cleaning methods result in more than “cleanliness”:

- Chemicals in traditional cleaners emit **volatile organic compounds** (VOCs) that pollute your indoor air.
- Many surface cleaners leave behind a **poisonous residue** that is especially harmful to children and pets.
- Most cleaning products are **not readily biodegradable**, so over time they **build up** in the environment and in our bodies.

Harsh and **toxic chemicals** are **absolutely NOT NEEDED** to maintain a **sparkling home!**

What do you mean by “Green Clean”?

At Green Clean Maine, cleaning green is:

- Using **no harmful** or **toxic** cleaning products or product ingredients.
- Using a **vacuuming system** with the **highest level of air filtration** available.
- Producing **no paper waste**, and **minimizing environmental impact** in every aspect of the business.
- Using **no-rinse formulas** and microfiber cloths that trap dirt better and **minimize water use**.



GREEN CLEAN

Maine

Seriously Green.
Seriously Clean.

Fully Bonded and Insured.
Serving Greater Portland.

(207) 221-6600

110 Marginal Way, #303
Portland ME 04101

www.greencleanmaine.com



Member, Portland Independent
Business & Community Alliance



Member, Association of Residential
Cleaning Services International

Printed on 100% Recycled Paper.

A Fresh, Clean Home & Office



GREEN CLEAN

Maine

Without the Side-Effects

Seriously Green.
Seriously Clean.

A Green Clean is a Safe, Effective Clean

CHOOSE GREEN CLEAN MAINE for HOMES, OFFICES, APARTMENTS & CONDOS

- **We're friendly and attentive**—all of us at Green Clean Maine share a love of cleaning and a concern for your indoor environment. We also love getting to know you, your family and your pets!
- **We use superior products**—we make our own cleaning solutions from simple ingredients like plant-based detergents, baking soda and vinegar. They're the most effective products we've used and they're completely non-toxic and safe for children, pets and the Earth. There's nothing that a traditional cleaning service does that we can't do as well or better without harsh chemicals.
- **We have professional equipment**—our powerful, heavy-duty, HEPA commercial vacuums have FOUR levels of filtration, not one or two like most home vacuums. Everything, from our spray bottles to our 100% micro-fiber cleaning cloths, is professional quality; we bring the tools to get the job done efficiently and effectively.
- **We focus on quality**—we have earned a reputation for thoroughness and attention to detail that is second to none.
- **It's an incredible value**—our prices are very competitive with other professional cleaning services. Count on us to take care of all your cleaning needs so you can focus on other things, like family, friends, hobbies and health.

ALL-NATURAL CLEANING RECIPE

No-Rinse Wood Floor Cleaner

Tackle those hardwood floors, new or old, with confidence, using this simple formula and a sponge or microfiber mop. Mix in a pail:

- 3 cups distilled white vinegar
- 2 Tsp. all-natural hand dishwashing detergent
- 1 Tbs. vegetable glycerine (moisturizes wood)
- 2 gallons warm water

The GREEN CLEAN MAINE Promise

100% Satisfaction Guaranteed. If for any reason you are not satisfied with our work, we will return to meet your expectations at no additional charge.

call: **(207)221-6600**

Call to find out more or to schedule a consultation.

OUR GREEN CLEANING CHECKLIST

A Clean, Refreshing Home

Kitchen

- Scrub, polish sink, countertops, fixtures
- Mop floor
- Clean outside of cupboards and all kitchen appliances, inside of microwave and window above sink

Bathroom

- Clean and disinfect tub, toilet, shower and floor
- Clean and polish sink, fixtures, vanities and mirrors

All living areas and bedrooms

- Vacuum carpets and furniture
- Vacuum/mop hard floors
- Dust/polish all furnishings, baseboards and flat surfaces
- Clean entry door glass, inside and out
- Empty all trash

A Clean, Healthy Office

Specializing in small offices—30 or fewer employees

- Dust computers and office equipment
- Wipe desks and counter tops
- Empty trash
- Vacuum/mop floors

Special Projects

- Windows, ovens, refrigerators, patios and decks, moving day clean-ups, one-time and spring cleanings

Services above are not a comprehensive list. Custom/add-on services always available.